

USCTDP, Inc.

EST. 1983

Fall/Winter 2026 - 2027 Adult Tennis Clinics
Fall/Winter 2026 - 2027 CARDIO Tennis

Adults

Session I	Aug. 24 – Oct. 4, 2026	6 Weeks - No Clinics on Sept. 7 - Make ups on 9/12 -Times to be announced
Session II	Oct. 12 – Dec. 20, 2026	9 Weeks - No Clinics on Nov. 23 – Nov. 29, 2026
Session III	Jan. 4 – Feb. 28, 2027	8 Weeks
Session IV	March 1 – April 25, 2027	7 Weeks - No Clinics on March 22 – March 28, 2027

Adult Tennis Clinics

Adult Level 1 Clinic Novice		Adult Level 2 Clinic Advanced Beginner		Adult Level 3 Clinic Intermediate		Adult Level 4 Clinic High Intermediate	
Mon.	12:00 - 1:30 p.m.	Mon.	10:30 – 12:00 p.m.	Mon.	8:00 - 9:30 p.m.	Mon.	12:30 - 2:00 p.m.
Wed.	9:00 - 10:30 a.m.	Tues.	10:30 - 12:00 p.m.	Wed.	9:00 - 10:30 a.m.	Wed.	8:00 - 9:30 p.m.
Tues.	11:00 – 12:30 p.m.	Thurs.	9:00 - 10:30 a.m.	Wed.	1:00 - 2:30 p.m.	Thurs.	8:00 – 9:30 p.m.
Sun.	9:30 – 11:00 a.m.	Thurs.	8:00 – 9:30 p.m.	Thurs.	7:00 – 8:30 p.m.	Sun.	2:00 – 3:30 p.m.
				Sun.	9:30 – 11:00 a.m.		

Adult 6 Week Clinic Fees:	\$203 One Day per Week	\$386 Two Days per Week
Adult 7 week Clinic Fees:	\$237 One Day per Week	\$454 Two Days per Week
Adult 8 Weeks Clinics Fees:	\$271 One Day per Week	\$522 Two Days per Week
Adult 9 Weeks Clinics Fees:	\$305 One Day per Week	\$590 Two Days per Week



What is Cardio Tennis?

A group fitness experience using tennis to drive the aerobic and anaerobic benefits. This is a structured, games based, "High Intensity Tennis Training" experience.

For more information on Cardio Tennis, CONTACT MARCY FOR ANY Detailed Questions – 412-398-6066 OR email marcyb93@me.com

Monday	9:00 – 10:00 a.m. (Advanced) Must have high racket skills and high fitness level	Adult 5 Week Cardio Fees: \$160 one day (Monday only)	Adult 7 Week Cardio Fees: \$224 one day \$428 two days	Adult 9 Week Cardio Fees: \$288 one day \$556 two days
5 Weeks only (No class on 9/7 Sess. I)	6:00 - 7:00 p.m. (Intermediate to Advanced) Must have intermediate to high racket skills and medium to high fitness level			
Wednesday	6:00 – 7:00 p.m. (Intermediate to advanced) Must have high to advanced racket skills and high to advanced fitness level			
Thursday	10:00 – 11:00 a.m. (Intermediate Cardio) Intermediate skills and medium fitness level			
Friday	9:00 – 10:00 a.m. (Intermediate to High) Must have Intermediate racket skills and high advanced fitness level 10:00 – 11:00 a.m. (Intermediate level) Medium racket skills and medium to high fitness level	Adult 6 Week Cardio Fees: \$192 one day \$364 two days	Adult 8 Week Cardio Fees: \$256 one day \$492 two days	

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www.usctdp.com Email: tennis@usctdp.com
Call to register and Direct Questions to 412-831-2630