



Fall/Winter 2020 - 2021 Junior Development Tennis Programs

Session A	Aug. 24 – Oct. 4, 2020	6 Weeks - Outdoor -	No Clinics on Sept. 7– Make ups on Sept. 12 - Times TBA
Session B	Oct. 12 – Jan. 17, 2021	12 Weeks - Indoor -	No Clinics 11/25/20 – 11/29/20 - Make ups TBA And 12/21/20– 1/3/21 - Clinics resume 1/4/21
Session C	Jan. 18 – April 18, 2021	12 Weeks - Indoor –	No Clinics 3/29/21 – 4/4/21

Orange 2 - player- Invite only- please contact office

Swing rhythm on the forehands and backhands will be emphasized. The children will be introduced to topspin and will learn how to differentiate between a volley action and a groundstroke action. A variety of serve progressions will be taught and the serve and return of serve will be covered in each class.

SCHEDULE OF CLASSES:

Monday/Friday 4:30 – 6:00 p.m., Saturday 2:00 – 3:30 p.m.

TEEN 1 Beginner or Advanced Beginner (Green and Yellow Balls) AGES 12 - 18

The **Teen 1** program is for teenagers who are relatively new to tennis. Learn to rally and play is the theme of each class. The students will be exposed to all the basic skills of tennis including groundstrokes, volleys, overheads and serves. The class will stress cooperation and competition in many of the drills and play situations.

SCHEDULE OF CLASSES:

Wednesday 6:00 – 7:00 p.m., Friday 6:00 – 7:00 p.m., Sunday 1:00 – 2:00 p.m. or -1 ½ hr Clinic- Friday 7:00-8:30 p.m.,
FEES: 6wks. \$133 one day/ 8wks. \$177 one day FEES: 6wks. 1.5 hours - \$208 one day, 8wks. \$277 one day

Green Player – Any Player that progressed in Orange 2 and Teen class

Children will be exposed to a full range of technical/tactical development. All court tennis will be emphasized. The program will focus on drills that develop movement, recovery and decision making skills. Situational and competitive play in the five play situations will be planned in the curriculum. This is the final development stage before the children enter the Junior Competitive Program.

SCHEDULE OF CLASSES:

Monday /Friday 5:00 – 7:00 p.m., and Sunday 1:00 – 3:00 p.m.

Yellow Ball- (Aspiring Tournament Player, Tournament Player or High School Player)

Improve stroke mechanics and consistency, footwork and anticipation. Learn sound match play tactics

SCHEDULE OF CLASSES:

Monday/Tuesday/Thursday/ Friday 3:00 – 5:00 or 5:00 – 7:00 p.m., and Saturday 12:00 – 2:00 p.m.

Yellow Ball - (OPEN LEVEL) (Tournament player having earned a competitive National or Sectional ranking)

Improve match play performance with emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship.

SCHEDULE OF CLASSES:

Monday/Tuesday/Thursday/ Friday 3:00 – 5:00 p.m. or 5:00 – 7:00 p.m., Saturday 12:00 - 2:00 p.m.

<u>Orange Player Fees:</u>		<u>Green and Yellow Players Fees:</u>	
<u>6 Week Session:</u>	<u>12 Week Session:</u>	<u>6 Week Session:</u>	<u>12 Week Session:</u>
\$208 One Day \$396 Two Days	\$416 One Day \$812 Two Days	\$254 One Day \$488 Two Days	\$508 One Day \$996 Two Days