

USCTDP, INC.

EST. 1983

SPRING USC JUNIOR DEVELOPMENT TENNIS PROGRAMS 2021

Juniors Levels 3.0, 3.5, 4.0, 4.5, 5.0 and 5.5 Clinics

Teen – Beginner and Advanced Clinics

Spring Session – April 19, 2021 – June 13, 2021 (8 weeks)

No Clinics May 31 – (Make up June 5 - Times to be announced on website www.usctdp.com)

Please like us and follow us on Facebook to get the latest cancellations and make up postings

Orange 2 – player - Invite only- please contact office

Swing rhythm on the forehands and backhands will be emphasized. The children will be introduced to topspin and will learn how to differentiate between a volley action and a groundstroke action. A variety of serve progressions will be taught and the serve and return of serve will be covered in each class.

SCHEDULE OF CLASSES:

Monday/Friday 4:30 – 6:00 p.m., Saturday 2:00 – 3:30 p.m. and Sunday 11:00 – 12:30 p.m.

TEEN 1 Beginner or Advanced Beginner (Green and Yellow Balls) AGES 12 – 18

The **Teen 1** program is for teenagers who are relatively new to tennis. Learn to rally and play is the theme of each class. The students will be exposed to all the basic skills of tennis including groundstrokes, volleys, overheads and serves. The class will stress cooperation and competition in many of the drills and play situations.

SCHEDULE OF CLASSES:

Wednesday 6:00 – 7:00 p.m., Friday 6:00 – 7:00 p.m., Sunday 1:00 – 2:00 p.m. –

FEES: \$177 One day, 8wks/ \$334 Two Days/wk.

Green Player – Any Player that progressed in Orange 2 and Teen class

Children will be exposed to a full range of technical/tactical development. All court tennis will be emphasized. The program will focus on drills that develop movement, recovery and decision making skills. Situational and competitive play in the five play situations will be planned in the curriculum. This is the final development stage before the children enter the Junior Competitive Program.

SCHEDULE OF CLASSES:

Monday/Tuesday /Friday 5:00 – 7:00 p.m., and Sunday 1:00 – 3:00 p.m.

Yellow Ball- (Aspiring Tournament Player, Tournament Player or High School Player)

Improve stroke mechanics and consistency, footwork and anticipation. Learn sound match play tactics

SCHEDULE OF CLASSES:

Monday/Tuesday/Thursday/Friday 3:00 – 5:00 or 5:00 – 7:00 p.m., and Saturday 12:00 – 2:00 p.m.

Yellow Ball - (OPEN LEVEL) (Tournament player having earned a competitive National or Sectional ranking)

Improve match play performance with emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship.

SCHEDULE OF CLASSES:

Monday/Tuesday/Thursday/ Friday 3:00 – 5:00 p.m. or 5:00 – 7:00 p.m., Saturday 12:00 - 2:00 p.m.

<u>Level 3.0 Fees</u>	<u>Levels 3.5, 4, 4.5, 5 and 5.5 Fees</u>
One Day Per Week \$277 Two Days Per Week \$534	One Day Per Week \$338 Two Days Per Week \$656