

USCTDP, INC.

EST. 1983

Spring & Summer Adult Tennis Clinics & Cardio Tennis 2026

Spring Session – May 4, 2026 – June 7, 2026 - (5 weeks) - No Clinics May 25– (Make up May 30)

Summer Session – June 8, 2026 – August 2, 2026 – (8 weeks)

SPRING AND SUMMER Adult Tennis Clinics 2026											
Adult Level 1 Clinic Novice			Adult Level 2 Clinic Advanced Beginner			Adult Level 3 Clinic Intermediate			Adult Level 4 Clinic High Intermediate		
Mon.	12:00 - 1:30 p.m.		Mon.	9:00 - 10:30 a.m.		Mon.	10:30 - 12:00 p.m.		Mon.	1:00 - 2:30 p.m.	
Mon.	7:00 - 8:30 p.m.		Tues.	9:00 - 10:30 a.m.		Mon.	8:00 - 9:30 p.m.		Tues.	9:00 - 10:30 a.m.	
Tues.	7:00 - 8:30 p.m.		Tues.	7:00 - 8:30 p.m.		Wed.	9:00 - 10:30 a.m.		Wed.	8:00 - 9:30 p.m.	
Wed.	10:30 - 12:00 noon		Wed.	7:00 - 8:30 p.m.		Wed.	1:00 - 2:30 p.m.		Thurs.	8:30 - 10:00 p.m.	
Sun.	9:30 - 11:00 a.m.		Fri.	11:00 - 12:30 p.m.		Thurs.	7:00 - 8:30 p.m.		Sun.	2:00 - 3:30 p.m.	
						Sun.	9:30 - 11:00 a.m.				
Spring Clinic Fees: Adult 5 Week Clinic Fees: \$165 One Day per Week \$310 Two Days per Week Summer Clinic Fees: Adult 8 Week Clinic Fees: \$264 One Day per Week \$508 Two Days per Week											

SPRING AND SUMMER 2026 CARDIO TENNIS



What is Cardio Tennis?

A group fitness experience using tennis to drive the aerobic and anaerobic benefits. This is a structured, games based, "High Intensity Tennis Training" experience.

For more information on Cardio Tennis, CONTACT MARCY FOR ANY Detailed Questions – 412-398-6066 OR email marcyb93@me.com

Spring Days and Times Cardio Tennis 2026		Summer Days and Times Cardio Tennis 2026	
Monday (4wks only- No class on 5/25)	9:00 – 10:00 a.m. Advanced 10:00 – 11:00 a.m. Intermediate 7:00 – 8:00 p.m. High Intermediate and above	Monday	9:00 – 10:00 a.m. Advanced 10:00 – 11:00 a.m. Intermediate 6:00 – 7:00 p.m. High Intermediate and above
Wednesday	6:00 – 7:00 p.m. Advanced	Wednesday	6:00 – 7:00 p.m. Advanced
Thursday	9:00 – 10:00 a.m. High Intermediate 10:00 – 11:00 a.m. Intermediate	Thursday	9:00 – 10:00 a.m. High Intermediate 10:00 – 11:00 a.m. Intermediate
Friday	9:00 – 10:00 a.m. High Intermediate 10:00 – 11:00 a.m. Intermediate	Friday	9:00 – 10:00 a.m. High Intermediate 10:00 – 11:00 a.m. Intermediate
Spring 2026 Cardio Tennis Fees		Summer 2026 Cardio Tennis Fees	
Adult 4 Week Cardio (Mon. only): One Day per Week \$120		Adult 8 Week: One Day per Week \$240 Two Days per Week \$460	
Adult 5 Week Cardio : One Day per Week \$150 Two Days per Week \$280			

ADDRESS: MAKE CHECKS PAYABLE TO: USCTDP, INC., 37 McMURRAY ROAD, BUILDING #1, SUITE # LL1, UPPER ST. CLAIR, PA 15241
 ONLINE REGISTRATION: www.usctdp.com Email: tennis@usctdp.com
 Call to register and Direct Questions to 412-831-2630