USCTDP, Inc.

EST. 1983

Spring Junior Development Tennis Programs 2025

Spring Session – May 5, 2025 – June 8, 2025 - (5 Weeks)

No Clinics May 26- (Make up May 31- Times to be announced on our Facebook page)

Please like us and follow us on Facebook to get the latest cancellations and make up postings

Tiny Tots (Ages 4 and up) - Must BE POTTY TRAINED

This child class is the perfect introductory tennis class for youngsters. It promotes early development of both cognitive and motor skills while performing basic tennis hand/eye coordination games and exercises.

<u>SCHEDULE OF CLASSES</u>: Monday 3:30 – 4:15 pm, Tuesday 10:00 – 10:45 am, Friday 3:30 - 4:15 pm & 6:00 – 6:45 pm, Sunday 11:00 – 11:45 am & 12:00 – 12:45 pm

Red - Pre Rally Player (Ages 5 and up) - Someone who is brand new to tennis

In this class, children learn through play while having fun on 36' court with red balls. Students will begin to learn the fundamentals of strokes and grips, as well as familiarizing themselves with the court. Basic rally skills will be developed along with movement, balance, and coordination. In addition, students will learn basic strategy and scoring.

<u>SCHEDULE OF CLASSES</u>: Monday 3:30 – 4:30 pm or 6:00 – 7:00 pm, Friday 3:30 – 4:30 pm or 6:00 – 7:00 pm, Sunday 11:00 – 12:00 pm, 12:00 - 1:00 pm or Sunday 1:00 – 2:00 pm

Red Player - (Ages 5 and up) - Players have tested out of the Pre Rally Player class

This class is played on a 36' court while using a red ball. Students in this class have tested out of Pre Rally Player and have the ability to sustain a rally. In this class there is emphasis on shaping the strokes as well as learning different types of spins. The overhead serve is introduced, rally tactics and strategy are learned and directional control of the ball will be emphasized.

<u>SCHEDULE OF CLASSES</u>: Monday 3:30 – 4:30 pm or Monday 6:00 – 7:00 pm, Friday 3:30 - 4:30 pm or Friday 6:00 – 7:00, Sunday 11:00 am – 12:00 pm, Sunday 12:00 – 1:00 pm or Sunday 1:00 – 2:00 pm

Orange - Pre Rally Player (Ages 8 and up) - Someone who is brand new to tennis or returning player

Orange is the platform of ROGY at USCTDP. This clinic is designed for the new and returning tennis. The Orange platform is played on a 60' tennis court that uses a low 50% compression tennis ball. Movement, balance, receiving/sending skills, and stroke production are emphasized along with basic rallying skills.

<u>SCHEDULE OF CLASSES</u>: Monday 3:30 – 4:30 pm or Monday 6:00 -7:00 pm, Friday 3:30 – 4:30 pm or 6:00 – 7:00 pm, Sunday 11:00 am – 12:00 pm, Sunday 12:00 – 1:00 pm or Sunday 1:00 – 2:00 pm

TEEN 1 Beginner or Advanced Beginner (Green and Yellow Balls) AGES 12 - 17

The **Teen 1** program is for teenagers who are relatively new to tennis. Learn to rally and play is the theme of each class. The students will be exposed to all the basic skills of tennis including groundstrokes, volleys, overheads and serves. The class will stress cooperation and competition in many of the drills and play situations.

SCHEDULE OF CLASSES:

Wednesday 6:00 - 7:00 p.m., Friday 7:00 - 8:00 p.m., Sunday 1:00 - 2:00 p.m.

| Tiny Tots fees: | Red Player, Orange, Teen player fees: |
|--------------------------|---------------------------------------|
| One Day Per Week\$104.00 | One Day a week \$122.00 |
| Two Days a week \$188.00 | Two Days a week \$224.00 |